

For Immediate Release:

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Charleston, Illinois: As a community bank, Peoples Bank & Trust recognizes the value of volunteerism in our communities. To commend and promote volunteerism, Peoples Bank & Trust has established a program to recognize individuals who have exhibited a commitment to community service through volunteer work.

Peoples Bank & Trust has selected Shae Plush of Charleston as a 2024 Volunteer of the Quarter. Shae serves as the Activities Director for Villas of Holly Brook in Charleston. When asked about volunteering and why she volunteers, she says, "I feel that for a community to thrive, people need to get involved. It feels good to support family-owned businesses, see them succeed, and witness Charleston grow as a community in general." These are the things that motivate her to volunteer for our community. Shae can be seen helping with Shop Local CACC & Charleston Area Chamber of Commerce serving as Diplomat and on the Board of Directors.

Shae also states, "Volunteering to support Alzheimer's Association is a passion that grew, of course, from working with our Reflections Memory Care residents and families. Dementia is a challenge. No doubt about it. The biggest problem I see with loved ones living with dementia is other people's reaction to them. I work hard to encourage a positive approach to those living with dementia. These are my reasons for volunteering for Walk to End Alzheimer's and Jeep Run for Alzheimer's Awareness and raising funds for research and education, and support for families and caregivers."

Peoples Bank and Trust is honoring Shae Plush for her community service with a donation to 100 Women Who Care of Coles County. Her name has been added to a Volunteer of the Quarter plaque, which is displayed in the bank's lobby. Shae is the 55<sup>th</sup> volunteer recognized by the Charleston Branch of Peoples Bank and Trust.

Peoples Bank & Trust is an independent Community Bank with ten offices located in Pana, Taylorville, Altamont, Charleston, Tower Hill, Springfield, Morrisonville, Palmyra, Waverly and White Hall. Peoples Bank & Trust is a full-service bank offering outstanding customer service to consumers, small businesses and farmers in Central Illinois. People First Bancshares, Inc., with corporate offices in Pana, Illinois, is the holding company for Peoples Bank & Trust.